

# VFW NATIONAL HOME

## 2022 District 10 Trustee Candidates Representing the VFW and Auxiliary Departments of AR, NM, OK, TX



### **Shirlee Frias – Auxiliary/New Mexico**

Shirlee Frias is a life member of George O’Breece Auxiliary No. 401 in Albuquerque, New Mexico. She joined in 2001 under the eligibility of her husband, Donald Frias, a Gulf War veteran, and became a VFW National Home Life Member a year later.

She served as Department President of NM Veterans of Foreign Wars Auxiliary 2005-2006, Auxiliary/District President, Western Conference Youth Activities Chairman 2014-2015, National Dept. of NM Recruiter 2014-2015, VFW National Home Department Chairman, 16 years and Junior Girls advisor. The bright yellow Golf Cart “cruising” around the National Home was her president’s special project.

Shirlee is the Interim District 10 Trustee, currently serving on the Program Committee and Redistricting Committee. She possesses a Masters of Educational Leadership (2001), Masters of Business Administration (2011), and a Bachelor’s of Administration (1991) from New Mexico State University.

Currently, in her 24<sup>th</sup> year of teaching, she is a High School English/Movies Instructor. She volunteers with Best Buddies, Popejoy Hall, and is a member of the M.O.C.A. having held Grand President, Grand Hospital, and Grand/Supreme National Home Chairman.

Shirlee and her husband have been married for 27 years, have two adult children, and reside in Rio Rancho, NM.



### **SEAN P. ELLIS – VFW/Texas**

I, Sean P. Ellis, am a current Silver Legacy Life Member of Tomball VFW Post 2427 in Tomball, Texas.

I served in the U.S. Army from 1992 to 1995, and proudly served as an Infantryman with the 10<sup>th</sup> Mountain Division. I attended Basic Training and AIT, along with 320 members of a COHORT enlistment. Our team was recruited to fill the ranks of the 2/22 INF Battalion at Ft. Drum, New York, and were spread out amongst four companies. I was sent to B Co, and soon served as Radio Telephone Operator (RTO) for the 2<sup>nd</sup> Platoon.

I earned my VFW eligibility with two (2) Armed Forces Expeditionary Medals, having participated in both the Somalia Campaign, Operation Restore Hope and the Haiti Campaign, Operation Uphold Democracy.

After serving in the military, I kept up my membership in multiple Veteran Service Organizations such as, the 10<sup>th</sup> Mountain Association, the American Legion and, of course, the Veterans of Foreign Wars.

As VFW Post 2427 Commander, I mentored my comrades to find paths for their own fulfillment within this great organization. I have served my VFW Post and have been a multiple time All- State Post Commander, and All-American Post Commander. I am the incoming District 4 Commander-Elect for the Department of Texas VFW for 2022-2023.

I have been a Life Member of the National Home for Children since 2018 and I would be honored to be part of the National Home for Children’s ongoing fight to provide a place of healing, support, and refuge.



### **RONALD SPALDING -VFW/Texas**

Ronald "Ron" R. Spalding is a Gold Legacy Life Member of Geronimo Memorial VFW Post 8456 in Geronimo, Texas, and has been a member of the VFW since 1976 and held leadership positions at every level.

He was All-American Post Commander and All-State Post Quartermaster (2 yrs.). He served two years as the Department of Texas VFW District 5 Commander and was appointed National Aide-de-Camp twice.

Comrade Spalding currently serves as VFW Post 8456 Quartermaster/Adjutant. He also currently serves as the 2<sup>nd</sup> Year Trustee in the Department of Texas VFW District 5.

Comrade Spalding is a Red Star Life Member of the Military Order of the Cootie and a Past Texas Grand Commander and Past Pup Tent Team Squirrel. He is currently Pup Tent Trustee, Grand Trustee, and Supreme Chief of Staff. He has visited the National Home for Children several times including Cootie Christmas and facilitated District 5's purchase of a plaque in Tribute Park.

Ron possesses a Power Point presentation of all the Homes at the National Home and everything in Tribute Park and shared it at Post, District, Pup Tent meetings, Convention hospitality rooms, promoting the National Home and recruiting new members.



### **Michael John "Foy" Day – VFW/Texas**

Michael John "Foy" Day, a Gold Legacy Life Member of VFW Post 4692 in Bryan, Texas, was elected in June 2021 as State Chaplain at the 101<sup>st</sup> Department of Texas VFW State Convention.

Chaplain Day joined the VFW in 1992 while stationed in Italy, and later transferred to Post 6386 in Ingleside, Texas. He served for a total of 33 ½ years in both Gulf Wars and deployed numerous times. He retired from the United States Navy in 2018.

Chaplain Day has served in many capacities at the Post, District, Department, and Nationals levels. He was honored as an All-State Commander and Quartermaster, All-American Quartermaster. He was appointed as a National Member of the Hospital Committee, Finance & Internal Organization Committee, Aide-de-Camp, and Special Aide de-Camp.

Chaplain Day currently is a Life Member of the Disabled American Veterans, and National Home for Children. He is a member of American Legion Post 411, USMC League, and Military Order of the Cootie.

His community service includes the Conroe Church of Christ, 105 Honor Flight, USMC Toys for Tots, 359<sup>th</sup> District Court Veterans Treatment Court in Montgomery County, Texas. He has completed over 30,000 hours of community service throughout the years.